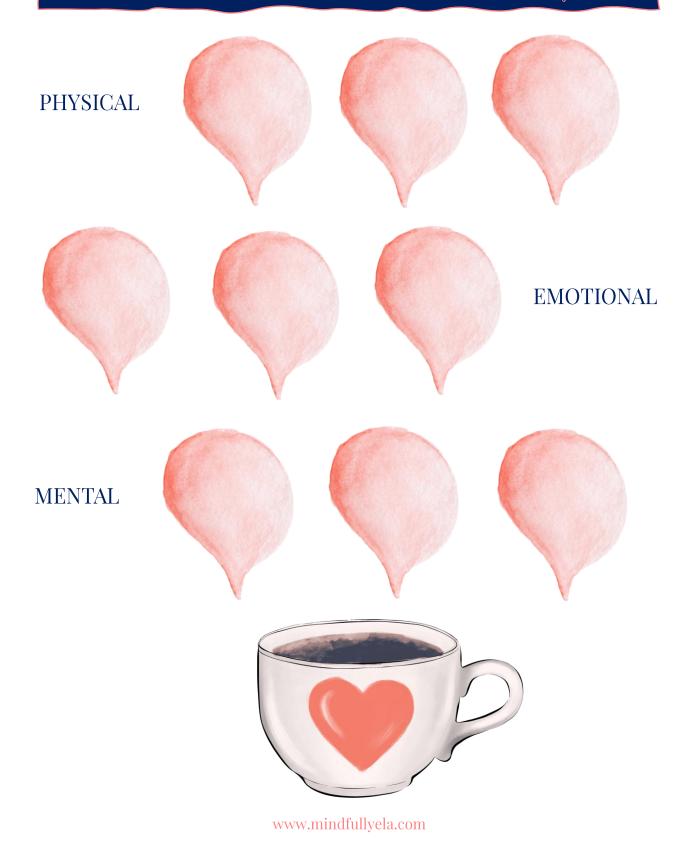
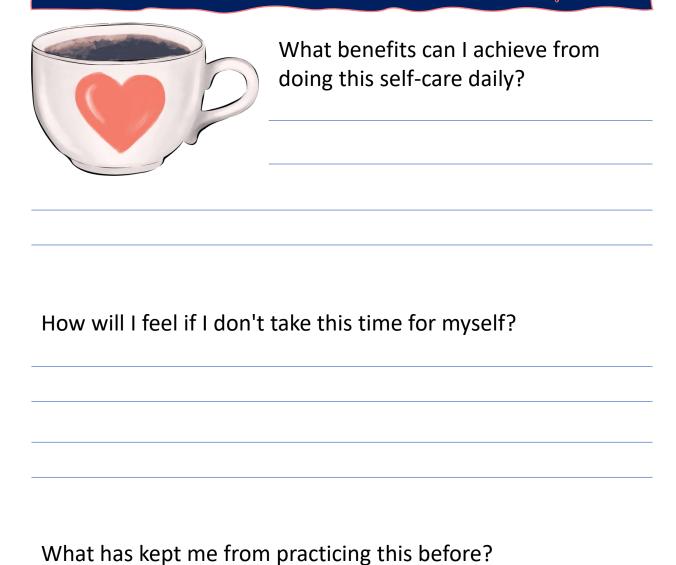
MINDFULNESS CHALLENGE, What's Fills Your Cup?



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You are a beautiful warrior; you deserve to replenish your soul as often as possible.