

# Questions to Get Your Child Communicating.

1. What do you think your life will be like when you grow up?
2. What makes you happy?
3. Tell me something that made you feel smart today?
4. How did you help someone else out today?
5. What do you daydream about?
6. If you could be anything when grew up, what would you be?
7. What does it mean to you to show love?
8. How do you show others kindness?
9. If you could change one rule that I have for you which one would it be?
10. What is your favorite food that I make?
11. What is one thing that I (or we, as parents) could do to make you happier?
12. If you were the parent and I was the child, what rules would you have for me?
13. If you could change your name to anything, what would it be and why?
14. Tell me what are your five favorite things.
15. When was the last time you were scared, afraid or felt alone?

What beliefs do I repeatedly tell my children?	Are they 100% True?