Mindful Love

Questions to prioritize your relationship.

- 1. The first time you saw me, what did you think?
- 2. What do you think our strengths are as a couple?
- 3. If you could pick one annoying thing I do, what would it be?
- 4. What is something I could do to make your life easier?
- 5. At what moment did you realize you had fallen in love with me?
- 6. What is a secret you've never told anyone before?
- 7. Describe what the word love means to you?
- 8. What is your favorite memory of our life together?
- 9. Describe who I am, without mentioning anything physical.
- 10. If you could do anything, what would it be?
- 11. Who is the person that has influenced you the most and why?
- 12. What is the most embarrassing moment of your life?
- 13. How do you think we are similar/different from one another?
- 14. What goals do you have in life, and how can I help you achieve them?
- 15. How do you see our future together?
- 16. What is one thing I can do to make our relationship better?
- 17. If you stranded on a desert island, what three things would you want with you?
- 18. Have you ever been scared to ask me something?
- 19. What lesson did your father/mother teach about love?
- 20. Describe your perfect day.